

FHDP Schedule 2025/26

WINTER 2026 (January-March)

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
												9:30	9:30							9:00		9:00	
					10:00							Adult Dance Beats	Adult Burn & Balance							9:15	Adult Zumba	WeeBop™ 2	9:30
					11:00																	WeeBop™ 1	PrePrimary Ballet/Jazz
1:45 Adult Ballet 1					Adult Gyro							10:45-12:15								10:30	10:30	10:45	10:30
					12:00							Adult Ballet 2/3								Adult Ballet 101	Adult Open Ballet	Primary Jazz/Ballet	Junior 1 Jazz
																				12:00	Adult Active		
												1:45								Adult Ballet 1	Junior 1/2 Ballet	11:45-12:30	11:45
																				11:30	11:30	12:30 - 1:15	12:45
					3:45							3:45								Adult Ballet 1	Junior 1/2 Ballet	Ages 5-7 Hip Hop/Jazz	Private Booking
					WeeBop™ 2							WeeBop™ 1								12:30	Adult Pointe		
																				Inter/Sr Acro	WeeBop		
	4:30	4:30	4:30	4:30	4:30	4:30	4:45 - 5:30	4:45	4:30	4:45 - 5:30	4:45	4:30	4:30	4:30	4:30	4:00	4:00			Teen Ballet Exp	Teen Ballet		1:45
	PreInter Jazz	Junior 1 Hip Hop	Primary Acro/Modern	PreInter Ballet	Junior 2 Modern	Primary Jazz/Tap	Ages 8-12 Acro/Jazz	Inter 2B Pointe	Inter 1 Lyrical	PrePrimary Ballet/Tap	Ages 5-7 Ballet/Modern	Junior 1 Ballet	Junior 2 Jazz	Junior 1 Ballet	Junior 2 Jazz	Teen Ballet Exp	Teen Ballet			5:00			Junior Acro B
5:30	5:30	5:30	5:30		5:30	5:30	5:30	5:30	5:30 - 6:15	5:30		5:30	5:30	5:30	5:30	6:00		5:00		Adult Aerial			
Inter 2/ Senior Ballet	Inter 1 Jazz	Junior 2 Tap	PreInter Hip Hop	5:45 - 6:30	PreInter Modern	Adult Tap 1	PrePrimary HipHop/ Acro	Inter 2/ Senior Ballet	Inter 1 TECH	Junior 1 Tap	5:45 - 6:30	PreInter Ballet	Inter 1 Modern	Primary Hip Hop/ Jazz	Junior 1 Jazz	Adult Aerial		Teen Jazz					
6:30	6:30	6:30	6:30	6:30	6:30	6:30	6:30	6:30		6:30	6:30	6:30		6:30	6:30								
Inter 1 Ballet	Inter 2/ Senior Jazz	Adult Flamenco 1	Junior 2 Hip Hop	Junior 2 Ballet	Junior 1 Modern	PreInter Tap	Adult Tap 101	Inter 1 Ballet	6:45 - 7:30	Adult Tap 1	Junior 2 Musical Theatre	Inter 2/ Senior Modern	6:45 - 7:30	Teen Modern/ Lyrical	Inter 1 Hip Hop								
7:30	7:30	7:30	Private Booking	7:30	7:30	7:30	7:30	7:30	7:30	7:30	7:30 - 8:00	7:30	7:30	7:30	7:30								
DSS	Adult Lyrical 1	Adult Flamenco 2		Adult Dance Beats	Adult Ballet 1/2	Inter/ Senior Tap	Adult Ballet 101	Bollywood	Inter2/Sr Lyrical	Adult Tap 2	Inter 1 PrePointe	Adult Ballet 2/3	Adult Ballet 1	Adult Bellydance *Feb 12 start*	Inter 2/ Senior Hip Hop								
	8:30	8:30	8:30	8:30	8:30	8:30	8:30	8:00 - 9:30	8:30	8:30		8:30	8:30		8:30								
	Adult Jazz	Adult Flamenco 3	Adult Drumming 1	Adult Yamuna	Adult Modern 1	Adult Tap 2/3	Adult Ballet 1	Adult Ballet + Pointe	Adult Lyrical 2	Adult Tap Repertoire		Adult Ballet Rep	Adult Modern 2/3		Adult Hip Hop								

Classes fill quickly. Please check website for availability

**Starts in Studio 4*

Div 1
Annual
Kids

Div 2
Annual
Kids

Div 3
Annual
Kids

Kids
Sessional